

THE SUNKEN ANCHOR

6 OCTOBER 2017

BERMAGUI SLSC COMMUNITY NEWS

Rego Day & ReBoot Wrap Up

Rego Day - 15 October

Rego Day 2017 will be on Sunday, 15th October. It runs from Noon to 2 pm at the clubhouse and we'll be having a BBQ and some Sippers. There'll be clubhouse tours for anyone interested and table tennis and cricket will be set up.

Club swim wear will be available for purchase and Nippers can pick up their hi-vis rashies.

If you haven't already registered online and want to avoid lineups on the day, please visit www.sls.com.au/join.

It's also Surf Club Open Day across NSW so make sure you let your friends and family know. Everyone is welcome.



ReBoot Wrap Up

ReBoot in Bermagui 2017 was a great success. Congrats to Julie Rutherford and the whole organising committee for a well-run couple of days. Time to put ReBoot 2018 in your calendars - 29 & 30 September.

Record numbers turned out for the Saturday runs and the 2 ocean swims on Sunday. The conditions in the water were challenging at times but everyone made it through safely. Big congrats to our member, Maggi, for powering through both laps of the swim-run-swim - what a star! Thanks also to Di Manning from Bermagui Marine Rescue for the great pics.

Bermi Surf Club also featured on the Saturday with 6 of our best and brawniest taking on the Tug-o-war.

Was amusing listening to them before the first round with comments of "we'll just take it easy". Riigghhtt! It was back to the school yard and no taking it easy to be had. The second place finish helped take some of the pain out of the next day - but not all:) Great job guys, you did us proud!







Upcoming Courses

Bronze Medallion almost full

There are just 4 spots left in the combined Bronze Medallion (15+ years old)/Surf Rescue Certificate (for those aged 13 & 14) starting at the end of the month. Email us at bermisurfclub@gmail.com if you're interested and we'll get joining instructions off to you.

Silver Medallion Beach Management

A Silver Medallion Beach Management course is confirmed for 25th November in Bermagui. We still have 3 spots left so email us at bermisurfclub@gmail.com if you're interested.

BRONZE MEDALLION/SRC DATES

Thursday, 26 October: 6:30 to 8:30 pm Sunday, 29 October: 9:30 am to Noon Thursday, 2 November: 6:30 to 8:30 pm Sunday, 5 November: 9:30 am to Noon Thursday, 9 November: 6:30 to 8:30 pm Sunday, 12 November: 9:30 am to Noon Thursday, 16 November: 6:30 to 8:30 pm Sunday, 19 November: 9:30 am to Noon

IRB Crew Course

We're looking for interest in an IRB Crew course to be held in December. Email us at bermisurfclub@gmail.com if you'd like more info.

It's open to anyone with a current Bronze Medallion.



THE SUNKEN ANCHOR QUIZ

- 1. What sunny state was the last to join the United States?
- 2. What game involves gobbling balls by pulling the tail of a hippopotamus?
- 3. What country's rulers included members of the Tang dynasty?
- 4. When are mice said to play?
- 5. How many sides does a cube have?
- 6. What is the total point score if two darts hit the bullseye?
- 7. What is the second-most populated country?
- 8. What city does Batman patrol?
- 9. What kind of tragedy killed 30,000 people in Lisbon in 1755 the plague, an earthquake or a fire?
- 10. What do Americans call the letter we call "zed"?
- 11. What happens to water at 100 degrees celsius at sea level?
- 12. What colour is a new hockey ball?

Patrol Buddies

Book a spot this season

Patrol Buddies is a new initiative which was trialled successfully last season. Nippers between 8 and 12 years old can join patrols for the first two hours (or longer if they like) and the goal is to inspire them to take their Surf Rescue Certificate as soon as they are old enough. We also want to make sure Nippers and their parents get to know the patrollers and everyone feels part of the same team. Patrol Buddies was the idea of one of young Nippers and some of the things the kids do are:





- Help set up the beach at the start
- Help decide where the flags go & why
- Do gear and equipment checks
- Check on the first aid equipment and learn what's in the first aid and O2 bags
- Be with us while we sign on to patrol
- Walk the beach to check for hazards
- Greet visitors to the beach
- Learn to use the radios
- Try a rescue board if conditions allow

If your child is interested in participating email us on bermisurfclub@gmail.com to book a spot.

AROUND THE CLUB

SLSNSW Profile of the Month

Our Club President, Bruce McAslan, is honoured to be SLSNSW Club Member of the Month and you can take a look at the profile by <u>clicking here</u>.



Bermi Patroller off the hook in the UK

Long time Bermagui patroller Graham Day and his wife Maree have been enjoying some travel time recently.

We thought the water was cold here at the moment but we've got nothing on England so Graham was more than a little relieved to see there was no chance of a call up on his trip!

Graham, the patrol quiz legend, might even have picked up a few new quiz questions for us on his travels. Look forward to seeing you back in Bermi.



Nippers Proficiency

This season's proficiency swim for Nippers will be held at 10:00 am on Sunday, 22nd October. All junior members have to complete their proficiency before they can take part in water activities with Nippers. Please email us at bermisurfclub@gmail.com if you can't make that day and we'll make other arrangements.



Mental Health Month

October is Mental Health Month and this year's theme in the Bega Valley is "Share the Journey". When someone is struggling in life, being able to share that journey with family & friends and/or connecting with a variety of support organisations is key in helping with a healthy recovery.

The Bega Valley Suicide Prevention Action Network (SPAN) has created a month-long calendar of events with the official launch of Mental Health month being at 11am on Wednesday October 11 at the Bega Valley Regional Art Gallery, Zingel Place, Bega.

Community members are invited to the official launch and you'll be able to find out more about the month's activities and the ongoing services in our Shire.

Surf Club Raffle

Bermagui SLSC has launched a raffle to raise money for youth initiatives at the Club. Tickets are \$5 each or 3 for \$10 and are available at a number of places including Mitre 10 and the Surf Club or you can email bermisurfclub@gmail.com and we'll get some out to you.

1st Prize

7 Nights Accommodation in one of Bermagui's Seaview Beach Houses

2nd Prize

Game Fishing Trip for 2 People donated by Aarden Concrete

3rd Prize

\$100 Fishing Equipment Package from Bermagui Bait and Tackle

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To submit information and/or photos for an upcoming newsletter email Cheryl at permisurfclub@gmail.com

7. Hawaii, 2. Hungry Hippos, 3. China's, 4. When the Cat's away, 5. Six, 6. 100, 7. India, 8. Gotham City, 9. An 92. White.